Contents

	List of Figures	ix
	List of Tables	X
	Acknowledgments	xi
	Introduction: Promoting Behavior Change	1
	The Effectiveness of a Therapeutic Community for Juvenile Male Offenders 1	
1	The "Just Say No" War on Drugs Campaign, Juvenile Drug Use, and the Juvenile Crime Problem	3
	Development of Residential Substance Abuse Treatment 5 Criticisms of Drug Treatment Programs 6	
	Overcoming the Criticisms of Previous Research 7	
	Research Questions 8	
	Conclusion 9	
2	From Rehabilitation to Punitive Measures: Combatting	4.0
	Juvenile Crime and Drug Use	10
	The Development of the Juvenile Justice System 10	
	Criticisms of the Juvenile Justice System 11	
	Attacking Rehabilitation and the Juvenile Justice System 12	
	Social Context, Rehabilitation, and Treating Juvenile	
	Offenders 12	
	Liberal Ideology 12	
	Conservative Ideology 14	
	Juvenile Justice: From Treatment to Punishment 15	
	Evidence-Based Practices to Reduce Recidivism 16	
	Therapeutic Communities as a Treatment Modality for	
	Offenders 19	

3 How Were Treatment Effectiveness and Fidelity Measured for the Evaluation of the Juvenile Therapeutic Community?

Research Questions 72 Research Design 72

rocedures for Collecting Data 73	
reatment Group 74	
Mohican Youth Center 74	
Sample Size, Time Period, and Selection of Youth 74	
Type of Treatment 74	
Job Assignments within Mohican Youth Center 76	
Behavior Management within Mohican Youth Center 78	
Groups Held at Mohican 79	
Phases of Treatment 80	
A Quantitative Assessment of the Principles of Effective	
Intervention 81	
Comparison Group 86	
Description of the Measures 86	
Individual Characteristics Examined 86	
Juvenile Demographics 88	
Criminal History 89	
Substance Abuse History 89	
Risk Level 90	
Psychological and Social Functioning 90	
Cognitive Distortions 91	
Termination Data 91	
Outcome Variables Examined 92	
Intermediate Outcomes 92	
Long-Term Outcomes 92	
tatistical Tests 93	
imitations of the Study 94	
Conclusion 95	
oid Participation in the Therapeutic Community Affect	
Outcomes?	96
ndividual Characteristics 96	
Social Demographic Characteristics 96	
Drug History 98	
•	
Substance Abuse Severity 99 Current Offense and Criminal History 101 Risk Level 103 Psychological and Social Functioning 106 Cognitive Functioning 107 Intermediate Outcomes 110 Changes in Psychological and Social Functioning 111 Changes in Cognitive Distortions 112 Successful Completion 114	

4

Long-Term Outcomes 117 Rates of Incarceration 117

	Model Predicting Incarceration for Both Groups 119 Model Predicting Incarceration for the Treatment Group Only 121	
5	What It All Means: Summary and Conclusions	123
	Limitations 123	
	Summary of Findings 124	
	Background Characteristics 124	
	Affecting Intermediate Outcomes 126	
	Predictors of Successful Completion 128	
	Rates of Incarceration 129	
	Model Predicting Incarceration 129	
	Model Predicting Incarceration for the Treatment	
	Group Only 132	
	Policy Implications and Recommendations 132	
	Suggestions for Future Research 135	
	Appendix A: Data Collection Instruments	136
	Appendix B: Tables	140
	Appendix C: Program Integrity Measure	153
	References	166
	Index	176