Contents

Acknowledgements	xi
Introduction	1
PART I A moment in my teenage years	9
On the beach	11
The divorce	15
Disclosure	19
The ham and cheese sandwich	26
Awakening	31
London in August, or Serendipity	39
PART II Ellie	45
Mess	47
At arm's length	52
The secret	59
1 + 1 = 0	66
Lost love and how to find it	74
Flat landscape	79
Clinical polygamy	89

x Contents

PART III Jake	95
The crumpled coat	97
Life's meaning	103
Three in bed	108
Driven	114
No words	119
Another chance	124
The scar	136
Love actually	142
PART IV Ellie and Jake	151
On losing and not being lost	153